



## *Sports Medicine Psychological Services*

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Stanford Athletics provides psychological services and resources to you during your college experience through Stanford Athletics Sport Psychology. These services include mental health counseling and performance psychology services. Please be aware that **ALL** conversations and correspondence between these individuals and you, the student-athlete, remain confidential. Any information discussed with you will not be shared with coaches, sports information, media, or any other member of DAPER without your written consent.

Stanford Sports Medicine has an established relationship with the Department of Psychiatry and Behavioral Sciences to provide counseling and sport psychology services to Stanford student-athletes.

- **Dr. Kelli Moran-Miller**, Director of Sport Psychology for Stanford Athletics, is a licensed psychologist with a specialty in sport and performance psychology. Her office is in the Sports Medicine Center.
- **Dr. Lisa Post**, Director of Sports Medicine in Psychiatry, is a licensed psychologist who specializes in working with athletes and coordinates referrals within the Department of Psychiatry and Behavioral Sciences. Her office is on campus at 401 Quarry.

As part of the Stanford Hospital health care network, these services are provided to you with no out of pocket expenses. Referrals for these services can be made directly by the student-athlete, athletic trainer, or team physician.

Appointments can be scheduled by:

- 1) Calling the Sports Medicine front desk at 650.725.8202 and scheduling with Dr. Moran-Miller.
- 2) Contacting Dr. Moran-Miller directly at [kmoranmiller@stanford.edu](mailto:kmoranmiller@stanford.edu) or 650.736.7748 and sending your availability.
- 3) Contacting Dr. Post at 650.725.2372, 650.906.0859 (cell) or [lpost@stanford.edu](mailto:lpost@stanford.edu).

The Department of Psychiatry and Behavioral Sciences at Stanford University also provides counseling and psychological services (CAPS) to Stanford student-athletes as part of the associated student body at-large. Currently, CAPS is a non-Stanford Hospital provider of these types of services to Stanford student-athletes. Referrals for these services can also be made directly by the student-athlete, athletic trainer, or team physician. Contact information for CAPS is provided below.

Although the student-athlete is free to seek these types of services from a provider outside Stanford Hospital, referrals to outside providers, including CAPS, may incur financial obligations that will be the responsibility of the student-athlete.

## Vaden Student Health Psychological Services

| <i>Counseling and Psychological Services (CAPS)</i>   | <i>Crisis Counseling</i>  |
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| Located on the 2 <sup>nd</sup> Floor of Vaden Health Center<br>866 Campus Drive<br>650-498-2336 Ext. 2<br>Mon-Fri 8:30am – 5:00pm | Contact a CAPS on-call clinician at 650-723-3785 for urgent situations at any time including evenings and weekends. In urgent situations, a clinician will speak with you within 20 minutes of your call. Students are encouraged to call <b>911</b> for all medical emergencies. |

Counseling and Psychological Services offers evaluation and brief counseling; including, personal, couples, and group therapy. All registered Stanford students are eligible without fees for initial evaluation or short-term counseling. Students requesting or requiring longer, ongoing therapy may incur fees that are normally billed through the student's primary medical insurance.

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